



PHYSICAL THERAPY PRE-REFERRAL CHECKLIST

- Complete this checklist prior to making a PT referral
- Use this checklist to guide you when comparing this child to others of similar age

Student: _____ Date: _____

Student's Home District: _____ Case Manager: _____

Teacher: _____ Grade: _____ DOB: _____

Please check the areas in which this child significantly stands out from age-related peers.

The child:	Comments:
<input type="checkbox"/> exhibits poor sitting posture in the classroom.	
<input type="checkbox"/> falls out of seat on a routine basis.	
<input type="checkbox"/> w-sits.	
<input type="checkbox"/> has muscles that seem tight or flabby.	
<input type="checkbox"/> takes great effort or requires assistance to transition from floor to stand and/or sit to stand	
<input type="checkbox"/> has difficulty coordinating both sides of the body when performing an activity.	
<input type="checkbox"/> has difficulty with rhythmic or alternating movements.	
<input type="checkbox"/> has a tendency to confuse right and left sides of the body.	
<input type="checkbox"/> seems to have difficulty learning new motor tasks.	
<input type="checkbox"/> appears stiff and awkward or clumsy.	
<input type="checkbox"/> falls frequently.	
<input type="checkbox"/> exhibits decreased coordination when running.	
<input type="checkbox"/> has abnormal gait: trips, loses balance, bumps into other people/objects, leans on walls/desks routinely.	
<input type="checkbox"/> cannot walk safely while carrying everyday, school-related objects (books, supplies, etc).	
<input type="checkbox"/> has difficulty or is unable to turn a doorknob or push/pull open doors.	
<input type="checkbox"/> does not alternate feet when either ascending or descending stairs.	
<input type="checkbox"/> is reluctant to participate in gym/recess, sports or physical activities; prefers table activities.	
<input type="checkbox"/> hesitant to climb to play on playground equipment.	
<input type="checkbox"/> is fearful of moving through space (i.e. seesaw, swing).	
<input type="checkbox"/> has difficulty performing higher level skills (i.e. jumping, running, galloping, etc.).	
<input type="checkbox"/> has difficulty balancing when lifting one foot off the ground (i.e. when kicking a ball).	

Teacher Signature: _____ Date: _____

Principal Signature: _____ Date: _____